

## ADULT SUPPORT GROUPS/PROGRAMS

### Division of Social Work

### July 2025

Many of our adult patient/family groups and programs listed below are held virtually via Zoom or telephone. Patients/families who receive care at any of our DFCI locations across the network are welcome to reach out about any of our groups and programs. For more information or to connect with a clinical social worker at Dana-Farber Cancer Institute, call: 617-632-3301 or visit <http://www.dana-farber.org/supportgroups>.

If you are not a Dana-Farber patient and are interested in attending a Dana-Farber support group, please call 617-632-3301.

**Please note:** Dates below are only listed through July 2025. Another calendar will be circulated next month. Additional meetings will be held in upcoming months.

Support Service	Membership	Facilitation	Time & dates	Contact
<b>Bereavement Support Groups and Seminars</b>	6-week group programs and drop-in groups are available for adults whose loved ones were patients of DFCI, or any Dana-Farber affiliated regional campus clinics.	Sue Morris Psy.D, Director of Bereavement Services	Call for details.	Please call for details: 617-632-2490  bereavement_program@dfci.harvard.edu
<b>Behavioral Therapy for Cancer-related Pain</b>	A 6-week group that teaches behavioral skills to patients with chronic cancer pain.	Michelle Jacobo, PhD  Karen Mott, NP  Miryam Yusuf, PhD	This group is accepting referrals.	Contact Michelle Jacobo to register for future groups:  mjacobob@partners.org
<b>Brain Tumor Support Group</b>	Bringing patients and caregivers together to share experiences, feelings and challenges associated with brain tumors.	Debra LaFrankie, RN, OCN  Ben Peirce, LICSW	1:30 pm – 3:30 pm  July 28	Contact Ben Peirce to register: 617-632-4236  Benjamin_Peirce@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<b>Caregiver Support Group</b>	A drop-in support group for spouses, partners, or family members of cancer patients.	Tricia Hughes, LICSW  Allison Dibiaso, LICSW	Day Group 12:00 pm -1:00 pm  July 3  Evening Group 6:00 pm -7:00 pm  July 15	Contact Tricia Hughes to register:  Tricia_Hughes@dfci.harvard.edu
<b>Circle of Life (Círculo de Vida): Support Group in Spanish for Women with Cancer</b>	Support for Spanish-speaking patients with all cancer diagnoses. Women only.	Rachel Allende, LICSW	10:00 am – 11:30 am  July 8 July 22	Contact Rachel Allende to register: 617-582-7339  Rachel_Allende@dfci.harvard.edu
<b>Committed Couples Embracing Life Together: A strengths-based support group</b>	This group focuses on couples growing and supporting each other and is inclusive of all cancer types and all intimate relationships.	Courtney Bitz, LICSW	5:30 pm – 7:00 pm  July 16	Contact Liz Bonasoro to register:  Elizabeth_Bonasoro@dfci.harvard.edu
<b>Desmoid Support Group</b>	A drop-in group offered to patients ages 18-39 diagnosed with a desmoid tumor through the Adolescent and Young Adult (AYA) Sarcoma Program.	Caitlin McDonough LICSW	6:30 pm – 7:30 pm  July 23	Please email dfciayasarcoma@dfci.harvard.edu to register.

Support Service	Membership	Facilitation	Time & dates	Contact
<b>Gynecologic Cancer Support Group</b>	An open support group for patients who have been diagnosed with gynecologic cancer. Please choose ONE meeting time to attend per month.	Anna Walters, LCSW	5:00 pm – 6:15 pm  July 14 July 28	Contact Anna Walters to register: 617-485-5876  anna_walters@dfci.harvard.edu
<b>Inflammatory Breast Cancer Support Group</b>	The IBC support group has a psychoeducational focus; each session will feature a DFCI clinician who will speak about IBC in a supportive setting with open discussion.	Jess Mosey, LICSW	12:00 pm – 1:00 pm  July 16	Contact Mariesa Powell to register: 617-632-2311
<b>Kidney Cancer Support Group</b>	A support group for Kidney cancer patients in active treatment or those who have recently completed treatment.	Larisa Patacchiola, LICSW	4:00 pm – 5:00 pm  July 10	Contact Josh Ozer to register: 857-215-1944  Joshua_ozer@dfci.harvard.edu
<b>LGBTQ+ Support Group: Prism</b>	A drop-in support group for LGBTQ+ identifying adults (18+) followed for hematology or oncology at DFCI and/or other area hospitals.	Jen Brown, LICSW  Adam Lang, LICSW	5:30 pm – 6:30 pm  July 16	Contact Jen Brown to register: 857-215-2936  Jennifer_brown3@dfci.harvard.edu
<b>Lymphoma/CLL Support Group</b>	A group for patients diagnosed with lymphoma or CLL. This is a chance to meet others, share experiences, comfort, and support.	Christina Palis, LICSW	12:00 pm – 1:00 pm  July 23	Contact Christina Palis to register: 617-582-7284  Christina_Palis@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<b>Melanoma Support Group</b>	Support group for patients in active treatment for melanoma.	Allison Dibiaso, LICSW	This group will not be held this month.	Contact Allison Dibiaso to register: 617-632-5163  AllisonM_Dibiaso@dfci.harvard.edu
<b>Men over 50 Prostate Cancer Support Group</b>	This is a patient-only support group for men over 50 in treatment for prostate cancer.	Bruce MacDonald, LICSW	5:30 pm – 7:00 pm July 15	Email Bruce MacDonald to register: Bruce_MacDonald@dfci.harvard.edu
<b>Metastatic Gastrointestinal Cancer Support Group</b>	A place to connect with others going through similar experiences, share stories, & support each other in challenging times.	Holly Barron, LICSW  Alicia Remy, LICSW	12:00 pm – 1:00 pm July 15	Contact Alicia Remy to register: 617-632-2956  Alicia_remy@dfci.harvard.edu
<b>Multiple Myeloma Education and Discussion Group</b>	A multiple myeloma related presentation followed by separate patient and caregiver discussion groups.	Adam Lang, LICSW  Christina Palis, LICSW	5:30 pm - 8:00 pm July 9	Contact Adam Lang to register: 617-582-9496  Adamj_Lang@dfci.harvard.edu
<b>Neuroendocrine &amp; Carcinoid Seminar/Support Group Series</b>	2-part session offering an informational session followed by a support group for patients and families.	Jane Bausch, LICSW	12:00 pm – 2:00 pm July 15	Contact Jane Bausch to register: 617-632-3309  Jane_Bausch@dfci.harvard.edu
<b>OABC Coffee Hour: Older Patients with Early Stage Breast Cancer Support Group</b>	A monthly, virtual, drop-in social support group for older patients with early stage breast cancer to share experiences, resources, support, and friendship. Assistance with Zoom is available.	Jess Mosey, LICSW	10:00 am – 11:00 am July 9	Contact Sydney Simo to register: 617-632-4300  OABC@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<b>OABC Coffee Hour: Older Patients with Metastatic Breast Cancer Support Group</b>	A monthly, virtual, drop-in social support group for older patients with metastatic breast cancer to share experiences, resources, support, and friendship. Assistance with Zoom is available.	Jess Mosey, LICSW	10:00 am – 11:00 am July 2 2:00 pm – 3:00 pm July 15	Contact Sydney Simo to register: 617-632-4300  OABC@dfci.harvard.edu
<b>One Year Post-Bone Marrow Transplant Support Group</b>	A monthly support and education group for DFCI patients who have completed their one-year recovery from bone marrow transplant.	Kristy Katsetos, LICSW	5:00 pm - 6:30 pm July 9	Contact Kristy Katsetos to register: 617-582-8604  KristyA_Katsetos@dfci.harvard.edu
<b>Prostate Cancer Support Group for African-American Men</b>	The Prostate Health Education Network focuses on the needs of Black men diagnosed with prostate cancer.	Thomas Farrington  Jacques Carter, MD	5:30 pm - 8:00 pm July 9  Smith 308	Contact Samantha Destin to register: 857-919-4404  Samantha_destin@dfci.harvard.edu
<b>Sarcoma Support Group</b>	This monthly group for Sarcoma patients provides an opportunity for support and connection through sharing feelings, experiences, and challenges with the goal of decreasing isolation and building resiliency.	Bobbi Allison, LICSW	4:30 pm – 6:00 pm July 28	Contact Bobbi Allison to register: 617-632-3682  Roberta_Allison@dfci.harvard.edu
<b>Stage IV Breast Cancer Support Groups</b>	An opportunity for those with stage IV (metastatic) breast cancer to share emotional support.	Liz Farrell, LICSW  Fremonta Meyer, MD	12:30 pm – 2:00 pm July 15 July 22  There is currently a waitlist in place for this group.	Contact Liz Farrell to register for Tuesday groups: 617-632-5606  ElizabethE_Farrell@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<b>Thriving Beyond Breast Cancer</b>	This virtual, monthly, drop-in group focuses on supporting those transitioning from active treatment to maintenance and monitoring. This group will explore the challenges of coping with your physical, mental, and emotional as patients transition to survivorship.	Mackenzie Cordova, LCSW	4:30 pm – 5:30 pm July 10	Contact Mackenzie Cordova to register: 857-215-2828  mackenzie_cordova@dfci.harvard.edu
<b>TOP Talks (Thoracic Oncology Program)</b>	Come connect with other patients navigating treatment for lung cancer to share experiences, support and learn from each other.	Eileen Joyce, LCSW	This group will not be held in July.	Contact Eileen Joyce to register: 617-632-4379  Eileen_Joyce@DFCI.HARVARD.EDU
<b>YOCCC (Young Onset Colorectal Cancer Center) Caregiver Support Group</b>	A support group for adult caregivers of patients with young onset colorectal cancer (diagnosed under age 50).	Kalen Fletcher, LICSW	5:00 pm – 6:00 pm July 9	Contact Kalen Fletcher to register: 617-632-5605  Kalen_Fletcher@dfci.harvard.edu
<b>YOCCC Stage IV Lunch Break Group</b>	Connect with others treated for stage IV colorectal cancer (diagnosed under age 50). This will be an informal space where you can talk with people who get it.	Holly Barron, LICSW	12:00 pm – 1:00 pm July 10	Contact Kalen Fletcher to register: 617-632-5605  Kalen_Fletcher@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<b>YOCCC Survivorship and Early-stage Group</b>	Connect with others treated for early stage (I, II and III) colorectal cancer and those who have recently completed treatment (diagnosed under age 50). This will be an informal space to talk with people who get it.	Kalen Fletcher, LICSW	5:00 pm – 6:00 pm July 8	For more details or to register, please email YoungCRC@dfci.harvard.edu
<b>Young Adult Breast Cancer Support Group</b>	This group is facilitated in the spring and fall. This 6-week group gives young patients and survivors an opportunity to discuss relevant topics. This group is best suited for those who were diagnosed with early-stage (0-III) breast cancer before age 45 and are within 12 months of the diagnosis.	Megan DelSesto, LICSW	If you'd like to be added to the Fall 2025 cohort, please email Young and Strong.	For more details or to register, please email youngandstrong@partners.org
<b>Young Adult (YA) Caregiver Peer Program for Partner/Spouses of YA Patients</b>	A 6-Session group for partners of young adult patients ages 18-early 40s. Each session will be focused on topics relevant to the caregiver of a young adult experience with additional time to share with peers.	Kalen Fletcher, LICSW	Please contact YAP@dfci.harvard.edu to register for fall cohort.	Please email yap@dfci.harvard.edu to register.

Support Service	Membership	Facilitation	Time & dates	Contact
<b>Young Adult (YA) Caregiver Peer Program for Parents of YA Patients</b>	A 6-Session group for parents caring for their young adult children (18-early 40s). Each session will be focused on topics relevant to the experience of being a parent of a YA with additional time to share with peers.	Joan Hanania, PhD	Please reach out to the Young Adult Program for more details about the next group.	Please email yap@dfci.harvard.edu to learn more.
<b>Young Adult POST Program</b>	A 6-Session Group for young adult patients (18-early 40s) who completed treatment within a few years. Each session will be focused on topics relevant to the young adult post-treatment experience with additional time to share with peers.	Cristina Pozo-Kaderman, PhD	This group will begin in July, please reach out to the Young Adult Program for more details about the next group.	Please email yap@dfci.harvard.edu to learn more.
<b>Young Adult Support Group</b>	This group is open to young adult patients in 18-early 40s who are in treatment or recently out of treatment.	Megan DelSesto, LICSW  Kalen Fletcher, LICSW	5:30 pm – 7:00 pm  July 16	Please email yap@dfci.harvard.edu to register.



Support Service	Membership	Facilitation	Time & dates	Contact
<b>Young-Onset Lung Cancer Support Group</b>	A space for patients 50 and younger to process their experience of living with lung cancer and meet others.	Marah Levine, LICSW	12:00 pm – 1:00 pm  July 31	Contact Mariah Levine to register: 617-485-5987  mariahr_levine@dfci.harvard.edu
<b>Waldenström's Macroglobulinemia Peer Support Forum</b>	Open to all WM patients and families in New England regardless of where treatment is received.	Eileen Sullivan  Christopher Patterson	Summer lunch group:  11:30 am  July 16  Please reach out for additional details	Please email Christopher Patterson to register: Christopher_patterson@dfci.harvard.edu or Eileen Sullivan: ebsullivan27@gmail.com



**DF/BWCC at Milford  
Regional Medical Center**  
20 Prospect Street, Milford, MA  
01757  
All Programs are FREE

PROGRAM	DATE & TIME	DESCRIPTION
<b>Coping with Cancer Support Group</b>	<p>Second Tuesday of every month 4:30 pm – 5:30 pm</p> <ul style="list-style-type: none"> <li>July 8</li> </ul>	<p>A support group for men and women living with cancer. Discuss ways to cope with fear and anxiety and share hope and meaning with others facing similar challenges. Family members are welcome.</p> <p>Please call or email Ben Peirce, LICSW, to register and/or for more information at 617-632-4236 or Benjamin_Peirce@dfci.harvard.edu.</p>
<b>Breast Cancer Support Group</b>	<p>Second Wednesday of every month 4:30 pm – 5:30 pm</p> <ul style="list-style-type: none"> <li>July 9</li> </ul>	<p>An opportunity for women who would like to meet with others to explore ways to cope with their diagnosis and its effect on their lives through education and support. Facilitated by Mackenzie Cordova, LCSW, and MaryBeth Proulx, RN.</p> <p>Please email Mackenzie Cordova to register at Mackenzie_Cordova@dfci.harvard.edu.</p>



**DF/New Hampshire  
Oncology-Hematology**  
40 Buttrick Rd., Londonderry, NH  
All Programs are FREE

PROGRAM	DATE & TIME	DESCRIPTION
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**Londonderry will not be holding any support groups during July 2025.**

**DF/BWCC at South Shore  
Hospital, Weymouth, MA**  
101 Columbian St., South Weymouth,  
MA 02190  
All programs are free.  
Free parking available in adjacent garage.

PROGRAM	DATE & TIME	DESCRIPTION
<b>Prostate Support Group</b>	<p>Second Wednesday of every month</p> <p>This group will not be held this month</p>	<p>This is an opportunity for men with prostate cancer to share experiences, information, and resources.</p> <p>To register, email Michael Gutierrez, LICSW, 781-624-8328 or <a href="mailto:Mgutierrez@southshorehealth.org">Mgutierrez@southshorehealth.org</a></p> <p>Patients can join via zoom or can attend in person in the 1st floor conference room at 101 Columbian Street, South Weymouth.</p>
<b>Breast Cancer Support Group</b>	<p>This is a hybrid group that rotates between in-person and virtual (via Zoom) each month.</p> <p>This month's meeting is in-person.</p> <p>4:30 PM - 5:30 PM</p> <ul style="list-style-type: none"> <li>July 9</li> </ul>	<p>A supportive space to share experiences related to your breast cancer diagnosis.</p> <p>To register, email Sarah Malone at <a href="mailto:sarah_malone1@dfci.harvard.edu">sarah_malone1@dfci.harvard.edu</a></p> <p>Virtual meetings will be held on <u>the first or second Monday</u> of that month via Zoom, please email Sarah (above) for the meeting link. In-Person meetings will be held on the <u>first or second Wednesday</u> of that month in the 1st floor conference room at 101 Columbian Street, South Weymouth, MA (DFCI Building).</p>



**Dana-Farber**  
Cancer Institute

at St. Elizabeth's Medical Center

**DFCI at St. Elizabeth's Medical  
Center**

**736 Cambridge Street/CCP5  
Brighton, MA 02135-2907**

All programs are free. Call 617-789-2662

PROGRAM	DATE & TIME	DESCRIPTION
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**DFCI at St. Elizabeth's will not be holding any support groups during July 2025.**

**DFCI - Merrimack Valley**  
**5 Branch Street**  
**Methuen, MA 01844**  
All programs are free. Call 978-620-2020

PROGRAM	DATE & TIME	DESCRIPTION
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**DFCI at Merrimack Valley will not be holding any support groups during July 2025.**



**Dana-Farber**  
Cancer Institute



**Brigham Cancer Center**

**DF/BWCC – Foxborough**

**22 Patriot Place, 2nd floor**

**Foxborough, MA**

All programs are free.

PROGRAM	DATE & TIME	DESCRIPTION
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**Foxborough will not be holding any support groups during July 2025.**



**ADDITIONAL ADULT PATIENT/FAMILY SUPPORT PROGRAMS**

**Family Connections Program: For Parents with Cancer**

Provides supportive resources to adult patients who are parents, addressing their needs as parents and those of their young, school age, and/or teenaged children. Age-appropriate information is available through various materials, including:

- Parent information binder for adult patients/adults in the family (digital version available in English and Spanish)
- Age-based packs for children/teens of patients
- Grief information

For more information, please call 617-632-3301 (Social Work main office).

**Visit:** [www.dfci.org/familyconnections](http://www.dfci.org/familyconnections).

**One-to-One: Connecting with Someone Who's Been There**

If you or a loved one is navigating a cancer diagnosis, our free telephone support program can connect you with understanding peers who have walked a similar path. Imagine having someone who truly understands, who's been there themselves, ready to listen. Over one to two phone calls, our peer mentors are here for you, offering heartfelt support and guidance on your journey. This free telephone program is available to Dana-Farber patients, caregivers, and loved ones. Get connected today by calling 617-632-4020 or emailing [onetooone@dfci.harvard.edu](mailto:onetooone@dfci.harvard.edu).

To learn more, visit [www.dana-farber.org/onetoone](http://www.dana-farber.org/onetoone).

**SoulMates**

For individuals facing a breast cancer diagnosis, connecting to someone with a similar experience can be a great source of comfort. Our SoulMates program matches breast cancer patients at Dana-Farber with volunteers who have been through a similar journey. SoulMates participants can benefit from the insight of a peer mentor who is trained in topics such as listening, problem solving, and confidentiality. These volunteers offer emotional support, practical coping tips, and more. They guide patients to Dana-Farber programs and community resources. Most importantly, they help relieve fears and concerns because they understand what it's like to face cancer. This program is currently open to women of all ages with breast cancer who are receiving their treatment at Dana-Farber. Volunteers must be out of active treatment for at least two years. For more information, call Anna Lunsford at 857-215-5042.