



ADULT SUPPORT GROUPS/PROGRAMS
Division of Social Work
January 2026

Many of our adult patient/family groups and programs listed below are held virtually via Zoom or telephone. Patients/families who receive care at any of our DFCI locations across the network are welcome to reach out about any of our groups and programs. For more information or to connect with a clinical social worker at Dana-Farber Cancer Institute, call: 617-632-3301 or visit <http://www.dana-farber.org/supportgroups>.

If you are not a Dana-Farber patient and are interested in attending a Dana-Farber support group, please call 617-632-3301.

Please note: Dates below are only listed through January 2026. Another calendar will be circulated next month. Additional meetings will be held in upcoming months.

Support Service	Membership	Facilitation	Time & dates	Contact
Bereavement Support Groups and Seminars	6-week group programs and drop-in groups are available for adults whose loved ones were patients of DFCI, or any Dana-Farber affiliated regional campus clinics.	Sue Morris Psy.D, Director of Bereavement Services	Call for details.	Please call for details: 617-632-2490 bereavement_program@dfci.harvard.edu
Brain Tumor Support Group	Bringing patients and caregivers together to share experiences, feelings and challenges associated with brain tumors.	Debra LaFrankie, RN, OCN Ben Peirce, LICSW	1:30 pm – 3:00 pm January 26	Contact Ben Peirce to register: 617-632-4236 Benjamin_Peirce@dfci.harvard.edu
Breast Cancer Support Group	An opportunity for patients to gather support around breast cancer diagnosis, treatment, and survivorship experiences. This group is best suited for those who were diagnosed with early-stage (0-III) breast cancer.	Erin Sun, LCSW MaryBeth Proulx, RN, BSN, OCN	4:30 pm -5:30 pm January 14	Contact Mary-Beth_Proulx to register: Mary-Beth_Proulx@DFCI.HARVARD.EDU

Support Service	Membership	Facilitation	Time & dates	Contact
<p>Caregiver Support Group</p>	<p>A drop-in support group for spouses, partners, or family members of cancer patients.</p>	<p>Tricia Hughes, LICSW Allison Dibiaso, LICSW</p>	<p>Day Group There will be no January Day group this month. Evening Group 6:00 pm -7:00 pm January 20</p>	<p>Contact Tricia Hughes to register: Tricia_Hughes@dfci.harvard.edu</p>
<p>Circle of Life (Círculo de Vida): Support Group in Spanish for Women with Cancer</p>	<p>Support for Spanish-speaking patients with all cancer diagnoses. Women only.</p>	<p>Rachel Allende, LICSW</p>	<p>10:00 am – 11:30 am January 13 January 27</p>	<p>Contact Rachel Allende to register: 617-582-7339 Rachel_Allende@dfci.harvard.edu</p>
<p>Committed Couples Embracing Life Together: A strengths-based support group</p>	<p>This group focuses on couples growing and supporting each other and is inclusive of all cancer types and all intimate relationships.</p>	<p>Courtney Bitz, LICSW</p>	<p>5:30 pm – 7:00 pm January 21</p>	<p>Contact Liz Bonasoro to register: Elizabeth_Bonasoro@dfci.harvard.edu</p>
<p>Coping with Cancer Support Group</p>	<p>A support group for men and women living with cancer. Discuss ways to cope with fear and anxiety and share hope and meaning with others facing similar challenges. Family members are welcome.</p>	<p>Ben Peirce, LICSW</p>	<p>4:30 pm – 5:30 pm January 13</p>	<p>Contact Ben Peirce to register: 617-632-4236 Benjamin_Peirce@dfci.harvard.edu.</p>

Support Service	Membership	Facilitation	Time & dates	Contact
<p>Desmoid Support Group</p>	<p>A drop-in group offered to patients ages 18-39 diagnosed with a desmoid tumor through the Adolescent and Young Adult (AYA) Sarcoma Program.</p>	<p>Caitlin McDonough LICSW</p>	<p>6:30 pm – 7:30 pm January 28</p>	<p>Please email dfciayasarcoma@dfci.harvard.edu to register.</p>
<p>Finding Our Way</p>	<p>A 6-week CBT and Mindfulness based group focused on coping with cancer. Group is open to people in current treatment.</p>	<p>Colleen Chin, RN, BSN Michelle Jacobo, PhD</p>	<p>This group is currently closed. Please reach out about next cohort.</p>	<p>Contact Colleen Chin or Maura Mooney to register: Colleen_Chin@dfci.harvard.edu or Maura_Mooney@dfci.harvard.edu</p>
<p>Gynecologic Cancer Support Group</p>	<p>A support group for DFCI patients who have been diagnosed with a gynecologic cancer. Please choose one meeting time to attend per month.</p>	<p>Anna Mendoza, LCSW</p>	<p>5:00 pm – 6:15 pm January 12 This group will resume two group dates in February.</p>	<p>Contact Anna Mendoza to register: 617-485-5876 Anna_Mendoza@dfci.harvard.edu</p>
<p>Inflammatory Breast Cancer Support Group</p>	<p>The IBC support group has a psychoeducational focus; each session will feature a DFCI clinician who will speak about IBC in a supportive setting with open discussion.</p>	<p>Jess Mosey, LICSW</p>	<p>12:00 pm – 1:00 pm January 21</p>	<p>Contact Mariesa Powell to register: 617-632-2311</p>

Support Service	Membership	Facilitation	Time & dates	Contact
Kidney Cancer Support Group	A support group for Kidney cancer patients in active treatment or those who have recently completed treatment.	Josh Ozer, LCSW	4:00 pm – 5:00 pm January 8	Contact Josh Ozer to register: 857-215-1944 Joshua_Ozer@dfci.harvard.edu
LGBTQ+ Support Group: Prism	A drop-in support group for LGBTQ+ identifying adults (18+) followed for hematology or oncology at DFCI and/or other area hospitals.	Jen Brown, LICSW Adam Lang, LICSW	5:30 pm – 6:30 pm January 8 January 21	Contact Jen Brown to register: 857-215-2936 Jennifer_Brown3@dfci.harvard.edu
Lymphoma/CLL Support Group	A group for patients diagnosed with lymphoma or CLL. This is a chance to meet others, share experiences, comfort, and support.	Christina Palis, LICSW	12:00 pm – 1:00 pm January 28	Contact Christina Palis to register: 617-582-7284 Christina_Palis@dfci.harvard.edu
Melanoma Support Group	Support group for patients in active treatment for melanoma.	Alexis Giacco, LICSW	5:00 pm – 6:00 pm January 27	Contact Alexis Giacco to register: 617-632-5163 Alexism_Giacco@dfci.harvard.edu
Men over 50 Prostate Cancer Support Group	This is a patient-only support group for men over 50 in treatment for prostate cancer.	Josh Ozer, LCSW	5:30 pm – 7:00 pm January 13 January 27	Contact Josh Ozer to register: 857-215-1944 Joshua_Ozer@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<p align="center">Metastatic Gastrointestinal Cancer Support Group</p>	<p>A place to connect with other DFCI patients going through similar experiences, share stories, & support each other in challenging times.</p>	<p>Holly Barron, LICSW Alicia Remy, LICSW</p>	<p>12:00 pm – 1:00 pm January 20</p>	<p align="center">Contact Alicia Remy to register: 617-632-2956 Alicia_Remy@ dfci.harvard.edu</p>
<p align="center">Multiple Myeloma Education and Discussion Group</p>	<p>A multiple myeloma related presentation followed by separate patient and caregiver discussion groups.</p>	<p>Adam Lang, LICSW Christina Palis, LICSW</p>	<p>5:30 pm - 7:30 pm January 14</p>	<p align="center">Contact Adam Lang to register: 617-582-9496 Adamj_Lang@ dfci.harvard.edu</p>
<p align="center">Neuroendocrine & Carcinoid Seminar/Support Group Series</p>	<p>2-part session offering an informational session followed by a support group for patients and families.</p>	<p>Jane Bausch, LICSW</p>	<p>12:00 pm – 2:00 pm January 20</p>	<p align="center">Contact Jane Bausch to register: 617-632-3309 Jane_Bausch@ dfci.harvard.edu</p>
<p align="center">OABC Coffee Hour: Older Patients with Early Stage Breast Cancer Support Group</p>	<p>A monthly, virtual, drop-in social support group for older patients with early stage breast cancer to share experiences, resources, support, and friendship. Assistance with Zoom is available.</p>	<p>Jess Mosey, LICSW</p>	<p>10:00 am – 11:00 am January 12</p>	<p align="center">Contact Sydney Simo to register: 617-632-4300 OABC@ dfci.harvard.edu</p>
<p align="center">OABC Coffee Hour: Older Patients with Metastatic Breast Cancer Support Group</p>	<p>A monthly, virtual, drop-in social support group for older patients with metastatic breast cancer to share experiences, resources, support, and friendship. Assistance with Zoom is available.</p>	<p>Jess Mosey, LICSW</p>	<p>10:00 am – 11:00 am January 5 2:00 pm – 3:00 pm January 20</p>	<p align="center">Contact Sydney Simo to register: 617-632-4300 OABC@ dfci.harvard.edu</p>

Support Service	Membership	Facilitation	Time & dates	Contact
One Year Post-Bone Marrow Transplant Support Group	A monthly support and education group for DFCI patients who have completed their one-year recovery from bone marrow transplant.	Kristy Katsetos, LICSW	5:00 pm - 6:30 pm January 14	Contact Kristy Katsetos to register: 617-582-8604 KristyA_Katsetos@dfci.harvard.edu
Prostate Cancer Support Group for African-American Men	The Prostate Health Education Network focuses on the needs of Black men diagnosed with prostate cancer.	Thomas Farrington Jacques Carter, MD	5:30 pm – 8:00pm January 14 Yawkey Building, Room 306	Contact Samantha Destin to register: 857-919-4404 Samantha_Destin@dfci.harvard.edu
Sarcoma Support Group	This monthly group for Sarcoma patients provides an opportunity for support and connection through sharing feelings, experiences, and challenges with the goal of decreasing isolation and building resiliency.	Bobbi Allison, LICSW	4:30 pm – 6:00 pm January 12	Contact Bobbi Allison for information and screening: 617-632-3682 Roberta_Allison@dfci.harvard.edu
Shared Journeys Support Group	Shared Journeys is a multi-faith discussion series for women patients of DFCI, providing a supportive, non-judgmental space for women to share their stories.	Ruth Delfiner, BCC Larisa Waya, BCC	5:00 pm – 7:00 pm January 7 Room 1620 Smith Family Rom, Dana Floor 16 6:00 pm – 7:00 pm January 19 (via zoom)	Contact Ruth Delfiner or Larisa Waya to register at: Ruth_Delfiner@dfci.harvard.edu or Larisa_Waya@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<p>Stage IV Breast Cancer Support Groups</p>	<p>An opportunity for those with stage IV (metastatic) breast cancer to share emotional support.</p>	<p>Liz Farrell, LICSW Fremonta Meyer, MD</p>	<p>12:30 pm – 2:00 pm January 20 January 27 There is currently a waitlist in place for this group.</p>	<p>Contact Liz Farrell to register at: 617-632-5606 ElizabethE_Farrell@dfci.harvard.edu</p>
<p>Thriving Beyond Breast Cancer</p>	<p>This virtual, monthly, drop-in group focuses on supporting those transitioning from active treatment to maintenance and monitoring. This group will explore the challenges of coping with your physical, mental, and emotional, as patients transition to survivorship.</p>	<p>Melissa Rearick, LICSW</p>	<p>6:30 pm – 7:30 pm January 8</p>	<p>Contact Melissa Rearick to register: 857-215-2828 Melissa_Rearick@dfci.harvard.edu</p>
<p>TOP Talks (Thoracic Oncology Program)</p>	<p>Come connect with other patients navigating treatment for lung cancer to share experiences, support and learn from each other.</p>	<p>Eileen Joyce, LICSW</p>	<p>2:00 pm – 3:00 pm January 8</p>	<p>Contact Eileen Joyce to register: 617-632-4379 Eileen_Joyce@dfci.harvard.edu</p>
<p>YOCCC (Young Onset Colorectal Cancer Center) Caregiver Support Group</p>	<p>A support group for adult caregivers of patients with young onset colorectal cancer (diagnosed under age 50).</p>	<p>Kalen Fletcher, LICSW</p>	<p>5:00 pm – 6:00 pm January 7</p>	<p>Contact Kalen Fletcher to register: 617-632-5605 Kalen_Fletcher@dfci.harvard.edu</p>

Support Service	Membership	Facilitation	Time & dates	Contact
<p>YOCCC Stage IV Lunch Break Group</p>	<p>Connect with others treated for stage IV colorectal cancer (diagnosed under age 50). This will be an informal space where you can talk with people who get it.</p>	<p>Kalen Fletcher, LICSW</p>	<p>12:00 pm – 1:00 pm January 8</p>	<p>Contact Kalen Fletcher to register: 617-632-5605 Kalen_Fletcher@dfci.harvard.edu</p>
<p>YOCCC Survivorship and Early-stage Group</p>	<p>Connect with others treated for early stage (I, II and III) colorectal cancer and those who have recently completed treatment (diagnosed under age 50). This will be an informal space to talk with people who get it.</p>	<p>Kalen Fletcher, LICSW</p>	<p>5:00 pm – 6:00 pm January 6</p>	<p>For more details or to register, please email YoungCRC@dfci.harvard.edu</p>
<p>Young Adult Breast Cancer Support Group</p>	<p>This group is facilitated in the spring and fall. This 6-week group gives young patients and survivors an opportunity to discuss relevant topics. This group is best suited for those who were diagnosed with early-stage (0-III) breast cancer before age 45 and are within 12 months of the diagnosis.</p>	<p>Megan DelSesto, LICSW</p>	<p>If you are interested in the spring 2026 cohort, please reach out to Young & Strong</p>	<p>For more details or to register, please email youngandstrong@dfci.harvard.edu</p>

Support Service	Membership	Facilitation	Time & dates	Contact
<p>Young Adult Active Treatment Peer Program</p>	<p>A 6-Session Group for young adult patients (18-early 40s) who are on active treatment. Each session will be focused on topics relevant to the young adult active-treatment experience, with additional time to share with peers.</p>	<p>Cristina Pozo-Kaderman, PhD</p>	<p>This group is no longer recruiting for the current series.</p> <p>Please email yap@dfci.harvard.edu to be added to the waitlist for the next group series.</p>	<p>Please email yap@dfci.harvard.edu to learn more.</p>
<p>Young Adult (YA) Caregiver Peer Program for Partner/Spouses of YA Patients</p>	<p>A 6-Session group for partners of young adult patients ages 18-early 40s. Each session will be focused on topics relevant to the caregiver of a young adult experience with additional time to share with peers.</p>	<p>Kalen Fletcher, LICSW</p>	<p>5:00 pm – 6:15 pm</p> <p>January 5</p>	<p>Please email yap@dfci.harvard.edu to register.</p>
<p>Young Adult (YA) Caregiver Peer Program for Parents of YA Patients</p>	<p>A 6-Session group for parents caring for their young adult children (18-early 40s). Each session will be focused on topics relevant to the experience of being a parent of a YA with additional time to share with peers.</p>	<p>Joan Hanania, PhD</p>	<p>This group will start on January 26.</p> <p>Please contact yap@dfci.harvard.edu for group information.</p>	<p>Please email yap@dfci.harvard.edu to learn more.</p>

Support Service	Membership	Facilitation	Time & dates	Contact
<p>Young Adult POST Program</p>	<p>A 6-Session Group for young adult patients (18-early 40s) who completed treatment within a few years. Each session will be focused on topics relevant to the young adult post-treatment experience with additional time to share with peers.</p>	<p>Cristina Pozo-Kaderman, PhD</p>	<p>Please reach out to the Young Adult Program for more details about the next group.</p>	<p>Please email yap@dfci.harvard.edu to learn more.</p>
<p>Young Adult Support Group</p>	<p>This group is open to young adult patients in 18-early 40s who are in treatment or recently out of treatment.</p>	<p>Megan DelSesto, LICSW & Paige Malinowski, LICSW - Megan Fitzgerald, LICSW & Paige Malinowski, LICSW</p>	<p>5:30 pm – 7:00 pm January 21 - 5:30 pm – 7:00 pm January 5</p>	<p>Please email yap@dfci.harvard.edu to register.</p>
<p>Young-Onset Lung Cancer Support Group</p>	<p>A space for patients 50 and younger to process their experience of living with lung cancer and meet others.</p>	<p>Marah Levine, LICSW</p>	<p>12:00 pm – 1:00 pm January 29</p>	<p>Contact Mariah Levine to register: 617-485-5987 Mariahr_Levine@dfci.harvard.edu</p>
<p>Waldenström’s Macroglobulinemia Peer Support Forum</p>	<p>Open to all WM patients and families in New England regardless of where treatment is received.</p>	<p>Eileen Sullivan Christopher Patterson</p>	<p>This group will not be held this month.</p>	<p>Please email Christopher Patterson to register: Christopher_Patterson@dfci.harvard.edu or Eileen Sullivan: ebsullivan27@gmail.com</p>



Dana-Farber
Cancer Institute



Brigham Cancer Center

At Milford Regional Medical Center

**DF/BWCC at Milford
Regional Medical Center
20 Prospect Street, Milford, MA
01757
All Programs are FREE**

PROGRAM	DATE & TIME	DESCRIPTION
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Milford will not be holding any support groups during January 2026.



Dana-Farber
Cancer Institute



**DF/New Hampshire
Oncology-Hematology**
40 Buttrick Rd., Londonderry, NH
All Programs are FREE

Dana-Farber/New Hampshire Oncology-Hematology

PROGRAM	DATE & TIME	DESCRIPTION
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Londonderry will not be holding any support groups during January 2026.

**DF/BWCC at South Shore
Hospital, Weymouth, MA**
**101 Columbian St., South Weymouth,
MA 02190**
 All programs are free.
 Free parking available in adjacent garage.

PROGRAM	DATE & TIME	DESCRIPTION
<p>Prostate Support Group</p>	<p>Second Wednesday of every month</p> <p>6:30 pm - 8:00 pm</p> <ul style="list-style-type: none"> January 14 	<p>This is an opportunity for men with prostate cancer to share experiences, information, and resources.</p> <p>To register, email Michael Gutierrez, LICSW, 781-624-8328 or Mgutierrez@southshorehealth.org</p> <p>Patients can join via zoom or can attend in person in the Lower-Level conference room, LL140 at Columbian Street, South Weymouth.</p>



Dana-Farber
Cancer Institute

at St. Elizabeth's Medical Center

**DFCI at St. Elizabeth's Boston
Medical Center - Brighton**

Cushing Pavilion, 5th Floor

736 Cambridge Street

Brighton, MA 02135

All programs are free. Call 617-789-2662

PROGRAM	DATE & TIME	DESCRIPTION
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DFCI at St. Elizabeth's will not be holding any support groups during January 2026.



Dana-Farber
Cancer Institute

DFCI - Merrimack Valley
5 Branch Street
Methuen, MA 01844
All programs are free. Call 978-620-2020

PROGRAM	DATE & TIME	DESCRIPTION
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DFCI at Merrimack Valley will not be holding any support groups during January 2026.

DF/BWCC – Foxborough
22 Patriot Place, 2nd floor
Foxborough, MA
All programs are free.

PROGRAM	DATE & TIME	DESCRIPTION
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Foxborough will not be holding any support groups during January 2026.



[ADDITIONAL ADULT PATIENT/FAMILY SUPPORT PROGRAMS](#)

[Blum Programming: Integrative Spirituality Cancer Workshop Series](#)

Integrative Spirituality addresses the role of spirituality in coping with cancer, introducing spiritual practices including approaches to meditation, breathwork, and relaxation in supportive community. Led by Yaroslav Nalysnyk, MD, DMIn, Catholic priest and Chaplain at Dana-Farber.

To join this workshop, please visit www.dana-farber.org/resourcecenter and click “Events and Programs Calendar for Adult Patients.” From the Blum Programming list, select “Spirituality and Cancer Workshop Series: Spiritual Care” to view program details and join the Zoom session. Advance registration is not necessary.

If you have any questions, please reach out to Blum.Center@dfci.harvard.edu.

[Family Connections Program: For Parents with Cancer](#)

Provides supportive resources to adult patients who are parents, addressing their needs as parents and those of their young, school age, and/or teenaged children. Age-appropriate information is available through various materials, including:

- Parent information binder for adult patients/adults in the family (digital version available in English and Spanish)
- Age-based packs for children/teens of patients
- Grief information

For more information, please call 617-632-3301 (Social Work main office).

Visit: www.dfci.org/familyconnections.

[One-to-One: Connecting with Someone Who’s Been There](#)

If you or a loved one is navigating a cancer diagnosis, our free telephone support program can connect you with understanding peers who have walked a similar path. Imagine having someone who truly understands, who’s been there themselves, ready to listen. Over one to two phone calls, our peer mentors are here for you, offering heartfelt support and guidance on your journey. This free telephone program is available to Dana-Farber patients, caregivers, and loved ones. Get connected today by calling 617-632-4020 or emailing onetooone@dfci.harvard.edu.

To learn more, visit www.dana-farber.org/onetooone.

[SoulMates](#)

For individuals facing a breast cancer diagnosis, connecting to someone with a similar experience can be a great source of comfort. Our SoulMates program matches breast cancer patients at Dana-Farber with volunteers who have been through a similar journey. SoulMates participants can benefit from the insight of a peer mentor who is trained in topics such as listening, problem solving, and confidentiality. These volunteers offer emotional support, practical coping tips, and more. They guide patients to Dana-Farber programs and community resources. Most importantly, they help relieve fears and concerns because they understand what it’s like to face cancer. This program is currently open to women of all ages with breast cancer who are receiving their treatment at Dana-Farber. Volunteers must be out of active treatment for at least two years. For more information, call Anna Lunsford at 857-215-5042.