Dana-Farber Cancer Institute

ADULT SUPPORT GROUPS/PROGRAMS
Division of Social Work
December 2026

Many of our adult patient/family groups and programs listed below are held virtually via Zoom or telephone. Patients/families who receive care at any of our DFCI locations across the network are welcome to reach out about any of our groups and programs. For more information or to connect with a clinical social worker at Dana-Farber Cancer Institute, call: 617-632-3301 or visit http://www.dana-farber.org/supportgroups.

If you are not a Dana-Farber patient and are interested in attending a Dana-Farber support group, please call 617-632-3301.

Please note: Dates below are only listed through Decemeber 2026. Another calendar will be circulated next month. Additional meetings will be held in upcoming months.

Support Service	Membership	Facilitation	Time & dates	Contact
Bereavement Support Groups and Seminars	6-week group programs and drop-in groups are available for adults whose loved ones were patients of Dana-Farber or any Dana-Farber affiliated regional campus clinics.	Sue Morris Psy.D, Director of Bereavement Services	Call for details. **(Groups held via Zoom)**	Please call for details: 617-632-2490 bereavement_program@dfci.harvard.edu
Brain Tumor Support Group	Bringing patients and caregivers together to share experiences, feelings and challenges associated with brain tumors.	Debra LaFrankie, RN, OCN Ben Peirce, LICSW	1:30 pm – 3:00 pm December 28 **(via Zoom)**	Contact Ben Peirce to register: 617-632-4236 Benjamin_Peirce@dfci.harvard.edu
Breast Cancer Support Group	An opportunity for patients to gather support around breast cancer diagnosis, treatment, and survivorship experiences. This group is best suited for those who were diagnosed with early-stage (0-III) breast cancer.	Mackenzie Cordova, LICSW MaryBeth Proulx, RN, BSN, OCN	4:30 pm -5:30 pm December 9 **(via Zoom)**	Contact Mackenzie Cordova to register: 857-215-2828 Mackenzie_Cordova@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
Caregiver Support Group	A drop-in support group for spouses, partners, or family members of cancer patients.	Paige Malinowski, LICSW - Allison Dibiaso, LICSW	Daytime Group 12:00 pm – 1:00 pm December 3 **(via Zoom)** - Evening Group 6:00 pm -7:00 pm December 22 **(via Zoom)**	Contact Paige Malinowski to register: Paige_Malinowski@ dfci.harvard.edu
Circle of Life (Círculo de Vida): Support Group in Spanish for Women with Cancer	Support for Spanish-speaking patients with all cancer diagnoses. Women only.	Rachel Allende, LICSW	10:00 am – 11:30 am December 8 **(via Zoom)** December 22 **(via Zoom)**	Contact Rachel Allende to register: 617-582-7339 Rachel_Allende@ dfci.harvard.edu
Committed Couples Embracing Life Together: A strengths-based support group	This group focuses on couples growing and supporting each other and is inclusive of all cancer types and all intimate relationships.	Courtney Bitz, LICSW	5:30 pm – 7:00 pm December 16 **(via Zoom)**	Contact Liz Bonasoro to register: Elizabeth_Bonasoro@ dfci.harvard.edu
Coping with Cancer Support Group	A support group for men and women living with cancer. Discuss ways to cope with fear and anxiety and share hope and meaning with others facing similar challenges. Family members are welcome.	Ben Peirce, LICSW	4:30 pm – 5:30 pm December 8 **(via Zoom)**	Contact Ben Peirce to register: 617-632-4236 Benjamin_Peirce@ dfci.harvard.edu.

Support Service	Membership	Facilitation	Time & dates	Contact
Desmoid Support Group	A drop-in group offered to patients ages 18-39 diagnosed with a desmoid tumor through the Adolescent and Young Adult (AYA) Sarcoma Program.	Caitlin McDonough, LICSW	6:30 pm – 7:30 pm December 23 **(via Zoom)**	Please email dfciayasarcoma@dfci.harvard.edu to register.
Finding Our Way	A 6-week CBT and Mindfulness based group focused on coping with cancer. Group is open to people in current treatment.	Colleen Chin, RN, BSN Michelle Jacobo, PhD	This group is currently accepting referrals for the next session. **(via Zoom)**	Contact Colleen Chin or Maura Mooney to register: Colleen_Chin@dfci.harvard.edu or Maura_Mooney@dfci.harvard.edu
Gynecologic Cancer Support Group	A support group for Dana-Farber patients who have been diagnosed with a gynecologic cancer. Please choose one meeting time to attend per month.	Hailey Noble, LCSW	5:00 pm – 6:15 pm December 8 **(via Zoom)** December 29 **(via Zoom)**	Contact Hailey Noble to register: 617-485-5854 helen_noble@dfci.harvard.edu
Inflammatory Breast Cancer Support Group	The IBC support group has a psychoeducational focus; each session will feature a Dana-Farber clinician who will speak about IBC in a supportive setting with open discussion.	Jess Mosey, LICSW	12:00 pm – 1:00 pm December 16 **(via Zoom)**	Contact Mariesa Powell to register: 617-632-2311

Support Service	Membership	Facilitation	Time & dates	Contact
Kidney Cancer Support Group	A support group for Kidney cancer patients in active treatment or those who have recently completed treatment.	Josh Ozer, LCSW	4:00 pm – 5:00 pm December 18 **(via Zoom)**	Contact Josh Ozer to register: 857-215-1944 Joshua_Ozer@ dfci.harvard.edu
LGBTQ+ Support Group: Prism	A drop-in support group for LGBTQ+ identifying adults (18+) followed for hematology or oncology at Dana-Farber and/or other area hospitals.	Jen Brown, LICSW	5:30 pm – 6:30 pm December 3 **(via Zoom)** December 16 **(via Zoom)**	Contact Jen Brown to register: 857-215-2936 Jennifer_Brown3@ dfci.harvard.edu
Lymphoma/CLL Support Group	A group for patients diagnosed with lymphoma or CLL. This is a chance to meet others, share experiences, comfort, and support.	Kelly Giles, LICSW	12:00 pm – 1:00 pm December 16 **(via Zoom)**	Contact Kelly Giles to register: 617-632-5963 Kelly_Giles@ dfci.harvard.edu
Men over 50 Prostate Cancer Support Group	This is a patient-only support group for men over 50 in treatment for prostate cancer.	Josh Ozer, LCSW	5:30 pm – 7:00 pm December 8 **(via Zoom)**	Contact Josh Ozer to register: 857-215-1944 Joshua_Ozer@ dfci.harvard.edu
Metastatic Gastrointestinal Cancer Support Group	A place to connect with other Dana-Farber patients going through similar experiences, share stories, & support each other in challenging times.	Holly Barron, LICSW Alicia Remy, LICSW	11:00 am – 12:00 pm December 15 **(via Zoom)**	Contact Alicia Remy to register: 617-632-2956 Alicia_Remy@ dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
Multiple Myeloma Education and Discussion Group	A multiple myeloma related presentation followed by separate patient and caregiver discussion groups.	Anna Kennedy, LICSW Adam Lang, LICSW	5:30 pm – 8:00 pm December 9 **(via Zoom)**	Contact Adam Lang to register: 617-582-9496 Adamj_Lang@ dfci.harvard.edu
Neuroendocrine & Carcinoid Seminar/Support Group Series	2-part session offering an informational session followed by a support group for patients and families.	Jane Bausch, LICSW	12:00 pm – 2:00 pm December 15 **(via Zoom)**	Contact Jane Bausch to register: 617-632-3309 Jane_Bausch@ dfci.harvard.edu
OABC Coffee Hour: Older Patients with Early Stage Breast Cancer Support Group	A monthly, virtual, drop-in social support group for older patients with early stage breast cancer to share experiences, resources, support, and friendship. Assistance with Zoom is available.	Jess Mosey, LICSW	10:00 am – 11:15 am December 14 **(via Zoom)**	Contact Sydney Simo to register: 617-632-4300 OABC@ dfci.harvard.edu
OABC Coffee Hour: Older Patients with Metastatic Breast Cancer Support Group	A monthly, virtual, drop-in social support group for older patients with metastatic breast cancer to share experiences, resources, support, and friendship. Assistance with Zoom is available.	Jess Mosey, LICSW	2:00 pm – 3:00 pm December 15 **(via Zoom)**	Contact Sydney Simo to register: 617-632-4300 OABC@ dfci.harvard.edu
One Year Post-Bone Marrow Transplant Support Group	A monthly support and education group for Dana-Farber patients who have completed their one-year recovery from bone marrow transplant.	Kristy Katsetos, LICSW	5:00 pm - 6:30 pm December 9 **(via Zoom)**	Contact Kristy Katsetos to register: 617-582-8604 KristyA_Katsetos@ dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
Prostate Cancer Support Group for African-American Men	The Prostate Health Education Network focuses on the needs of Black men diagnosed with prostate cancer.	Thomas Farrington Jacques Carter, MD	6:00 pm – 7:30 pm December 9 **(via Zoom)**	Contact Samantha Destin to register: 857-919-4404 Samantha_Destin@ dfci.harvard.edu
Sarcoma Support Group	This monthly group for Sarcoma patients provides an opportunity for support and connection through sharing feelings, experiences, and challenges with the goal of decreasing isolation and building resiliency.	Bobbi Allison, LICSW	4:30 pm – 6:00 pm December 28 **(via Zoom)**	Contact Bobbi Allison for information and screening: 617-632-3682 Roberta_Allison@ dfci.harvard.edu
Shared Journeys Support Group	Shared Journeys is a multi-faith discussion series for women patients of Dana-Farber, providing a supportive, non-judgmental space for women to share their stories.	Ruth Delfiner, BCC Larisa Waya, BCC	5:00 pm – 7:00 pm December 2 Dana Building, room DA2-2001A 6:00 pm – 6:45 pm December 21 **(via Zoom)**	Contact Larisa Waya at to register: 617-632-3296 Larisa_Waya@ dfci.harvard.edu
Spanish-Speakers Women's Sexual Health Workshops	Psychoeducational group bringing Latine women together to share experiences, feelings and challenges associated with sexual health.	Teresa Neira, PhD, LICSW	Please reach out for details. **(via Zoom)**	Contact Teresa Neira at 857-215-4645 Teresa_Neira@ dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
Spanish-Speakers Insomnia Workshops for Cancer Survivors	Psychoeducational group for cancer survivors experiencing insomnia who are at least one year post treatment.	Teresa Neira, PhD, LICSW	Please reach out for details. **(via Zoom)**	Contact Teresa Neira at 857-215-4645 Teresa_Neira@ dfci.harvard.edu
Stage IV Breast Cancer Support Groups	An opportunity for those with stage IV (metastatic) breast cancer to share emotional support.	Liz Farrell, LICSW Fremonta Meyer, MD	12:30 pm – 2:00 pm December 15 **(via Zoom)** December 22 **(via Zoom)** There is currently a waitlist in place for this group.	Contact Liz Farrell to register at: 617-632-5606 ElizabethE_Farrell@ dfci.harvard.edu
Thriving Beyond Breast Cancer	This virtual, 6-week group supports patients transitioning from active treatment to maintenance and survivorship, addressing the physical, emotional, and mental challenges of this transition. Offered twice annually (Spring and Fall), patients may participate in one cohort to receive focused support during this initial phase to survivorship.	Mackenzie Cordova, LICSW	Recruitment for the Fall 2026 cohort is currently closed. Please reach out to the facilitator to join the waitlist for the Spring 2027 cohort.	Contact Mackenzie Cordova to register: 857-215-2828 Mackenzie_Cordova@ dfci.harvard.edu
TOP Talks (Thoracic Oncology Program)	Come connect with other patients navigating treatment for lung cancer to share experiences, support and learn from each other.	Kerry Shortell, LICSW	2:00 pm – 3:00 pm December 10 **(via Zoom)**	Contact Eileen Joyce to register: 617-632-4379 Eileen_Joyce@ dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
YOCCC (Young Onset Colorectal Cancer Center) Caregiver Support Group	A support group for adult caregivers of patients with young onset colorectal cancer (diagnosed under age 50).	Kalen Fletcher, LICSW	5:00 pm – 6: 00 pm December 2 **(via Zoom)**	Contact Kalen Fletcher to register: 617-632-5605 Kalen_Fletcher@ dfci.harvard.edu
YOCCC Stage IV Lunch Break Group	Connect with others treated for stage IV colorectal cancer (diagnosed under age 50). This will be an informal space where you can talk with people who get it.	Kalen Fletcher, LICSW	12:00 pm – 1:00 pm December 10 **(via Zoom)**	Contact Kalen Fletcher to register: 617-632-5605 Kalen_Fletcher@ dfci.harvard.edu
YOCCC Survivorship and Early-stage Group	Connect with others treated for early stage (I, II and III) colorectal cancer and those who have recently completed treatment (diagnosed under age 50). This will be an informal space to talk with people who get it.	Kalen Fletcher, LICSW	5:00 pm – 6:00 pm December 1 **(via Zoom)**	For more details or to register, please email YoungCRC@ dfci.harvard.edu
Young Adult Breast Cancer Support Group	This group is facilitated in the spring and fall. This 6-week group gives young patients and survivors an opportunity to discuss relevant topics. This group is best suited for those who were diagnosed with early-stage (0-III) breast cancer before age 45 and are within 12 months of the diagnosis.	Leora Lowenthal, LICSW	7:00 pm - 8:30 pm December 2 **(via Zoom)**	For more details or to register, please email youngandstrong@ dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
Young Adult Active Treatment Peer Program	A 6-Session Group for young adult patients (18-early 40s) who are on active treatment. Each session will be focused on topics relevant to the young adult active-treatment experience, with additional time to share with peers.	Joan Hanania, PhD	Tuesdays, 9:00 am – 10:15 am Beginning December 1 Please reach out to yap@dfci.harvard.edu register. **(via Zoom)**	Please email yap@dfci.harvard.edu to learn more.
Young Adult (YA) Caregiver Peer Program for Partner/ Spouses of YA Patients	A 7-Session group for partners of young adult patients ages 22-50. Each session will be focused on topics relevant to the caregiver of a young adult experience with additional time to share with peers.	Kalen Fletcher, LICSW	Next session will begin in January of 2027. Mondays, 5:00 pm – 6:15 pm Please reach out to yap@dfci.harvard.edu register.	Please email yap@dfci.harvard.edu to register.
Young Adult (YA) Caregiver Peer Program for Parents of YA Patients	A 6-Session group for parents caring for their young adult children (18-early 40s). Each session will be focused on topics relevant to the experience of being a parent of a YA with additional time to share with peers.	Joan Hanania, PhD	Next session will begin in February of 2027. Thursdays, 12:00 pm – 1:00 pm Please reach out to yap@dfci.harvard.edu register.	Please email yap@dfci.harvard.edu to learn more.

Support Service	Membership	Facilitation	Time & dates	Contact
Young Adult POST (Post Oncology Survivorship Talks) Program	A 6-Session Group for young adult patients (18-early 40s) who completed treatment within a few years. Each session will be focused on topics relevant to the young adult post-treatment experience with additional time to share with peers.	Cristina Pozo-Kaderman, PhD	Please reach out to the Young Adult Program for more details about the next group. **(via Zoom)**	Please email yap@dfci.harvard.edu to learn more.
Young Adult Sarcoma Support Group	This is a drop-in group open to patients who are 18-39 diagnosed with any type of sarcoma. This space offers a chance to connect with others who understand being a young adult diagnosed with a rare cancer.	Caitlin McDonough, LICSW Elizabeth Marconi	6:30pm-7:30pm December 15 **(via Zoom)**	Please email dfciayasarcoma@dfci.harvard.edu to register.
Young Adult Support Group	This group is open to young adult patients in 18-early 40s who are in treatment or recently out of treatment.	Megan Fitzgerald, LICSW & Paige Malinowski, LICSW - Megan DelSesto, LICSW & Kalen Fletcher, LICSW	5:30 pm – 7:00 pm December 7 **(via Zoom)** - 5:30 pm – 7:00 pm December 16 **(via Zoom)**	Please email yap@dfci.harvard.edu to register.

Support Service	Membership	Facilitation	Time & dates	Contact
Young Adult Fertility/Family Planning Peer Program	This 4-session group is open to young adult patients (ages 18 to 40s) who are navigating fertility-related concerns and family planning during and after cancer treatment.	Cristina Pozo-Kaderman, PhD	Please reach out to the Young Adult Program for more details about the next group. **(via Zoom)**	Please email yap@dfci.harvard.edu to register.
Young-Onset Lung Cancer Support Group	A space for patients 50 and younger to process their experience of living with lung cancer and meet others.	Marah Levine, LICSW	12:00 pm – 1:00 pm December 31 **(via Zoom)**	Contact Mariah Levine to register: 617-485-5987 Mariahr_Levine@ dfci.harvard.edu
Waldenström's Macroglobulinemia Peer Support Forum	Open to all WM patients and families in New England regardless of where treatment is received.	Eileen Sullivan Christopher Patterson	This group will not be held in December.	Please email Christopher Patterson to register: Christopher_Patterson@ dfci.harvard.edu or Eileen Sullivan: ebsullivan27@ gmail.com

Dana-Farber Cancer Institute | Brigham Cancer Center

At Milford Regional Medical Center

DF/BWCC at Milford Regional Medical Center
20 Prospect Street, Milford, MA 01757
All Programs are FREE

PROGRAM	DATE & TIME	DESCRIPTION

Milford will not be holding any support groups during December 2026.

Dana-Farber Cancer Institute | New Hampshire Oncology-Hematology PA

Dana-Farber/New Hampshire Oncology-Hematology

DF/New Hampshire Oncology-Hematology
40 Buttrick Rd., Londonderry, NH
All Programs are FREE

PROGRAM	DATE & TIME	DESCRIPTION

Londonderry will not be holding any support groups during December 2026.

Dana-Farber Cancer Institute | Brigham Cancer Center

at South Shore Health

DF/BWCC at South Shore Hospital, Weymouth, MA
101 Columbian St., South Weymouth, MA 02190
All programs are free.
Free parking available in adjacent garage.

PROGRAM	DATE & TIME	DESCRIPTION
Prostate Support Group	Second Wednesday of every month 6:30 pm – 8:00 pm December 9	This is an opportunity for men with prostate cancer to share experiences, information, and resources. To register, email Michael Gutierrez, LICSW, 781-624-8328 or Mgutierrez@southshorehealth.org Patients can join **via zoom or can attend in-person** in the in the First Floor Conference Room, 102A at 101 Columbian Street, South Weymouth.

Dana-Farber Cancer Institute

Dana Farber Cancer Institute at Boston Medical Center - Brighton
Cushing Pavilion, 5th Floor
736 Cambridge Street
Brighton, MA 02135

PROGRAM	DATE & TIME	DESCRIPTION

Dana Farber Cancer Institute at BMC - Brighton will not be holding any support groups during December 2026.

Dana-Farber Cancer Institute

Dana Farber Cancer Institute - Merrimack Valley
5 Branch Street
Methuen, MA 01844
All programs are free. Call 978-620-2020

PROGRAM	DATE & TIME	DESCRIPTION

Dana Farber Cancer Institute at Merrimack Valley will not be holding any support groups during December 2026.

Dana-Farber Cancer Institute

DF/BWCC – Foxborough
22 Patriot Place, 2nd floor
Foxborough, MA
All programs are free.

PROGRAM	DATE & TIME	DESCRIPTION

Foxborough will not be holding any support groups during Decemeber 2026.

Dana-Farber Cancer Institute

Dana-Farber Cancer Institute – Attleboro at Sturdy Health
20 O'Neil Boulevard, 3rd Floor
Attleboro, MA
All programs are free.

PROGRAM	DATE & TIME	DESCRIPTION

Attleboro will not be holding any support groups during December 2026.

ADDITIONAL ADULT PATIENT/FAMILY SUPPORT PROGRAMS

Blum Programming: *Integrative Spirituality Cancer Workshop Series*

Integrative Spirituality addresses the role of spirituality in coping with cancer, introducing spiritual practices including approaches to meditation, breathwork, and relaxation in supportive community. Led by Yaroslav Nalysnyk, MD, DMIn, Catholic priest and Chaplain at Dana-Farber.
To join this workshop, please visit https://dana-farber.org/resource-calendar. Advance registration is not necessary. If you have any questions, please reach out to Blum_Center@dfci.harvard.edu.

Parents with Cancer

Provides supportive resources to adult patients who are parents, addressing their needs as parents and those of their children of all ages. Age-appropriate information is available through various materials, including:

- A parent resource folder with tip sheets and additional resources Age-based packs for children/teens of patients
- Age-based support packs for children/teens of patients
- Grief information

For more information, please call 617-632-3301 (Social Work main office).
Visit: www.dana-farber.org/parentswithcancer.

One-to-One: *Connecting with Someone Who's Been There*

If you or a loved one is navigating a cancer diagnosis, our free telephone support program can connect you with understanding peers who have walked a similar path. Imagine having someone who truly understands, who's been there themselves, ready to listen. Over one to two phone calls, our peer mentors are here for you, offering heartfelt support and guidance on your journey. This free telephone program is available to Dana-Farber patients, caregivers, and loved ones. Get connected today by calling 617-632-4020 or emailing onetoone@dfci.harvard.edu.
To learn more, visit www.dana-farber.org/onetoone.

SoulMates

For individuals facing a breast cancer diagnosis, connecting to someone with a similar experience can be a great source of comfort. Our SoulMates program matches breast cancer patients at Dana-Farber with volunteers who have been through a similar journey. SoulMates participants can benefit from the insight of a peer mentor who is trained in topics such as listening, problem solving, and confidentiality. These volunteers offer emotional support, practical coping tips, and more. They guide patients to Dana-Farber programs and community resources. Most importantly, they help relieve fears and concerns because they understand what it's like to face cancer. This program is currently open to women of all ages with breast cancer who are receiving their treatment at Dana-Farber. Volunteers must be out of active treatment for at least two years. For more information, call Anna Lunsford at 857-215-5042.